

Batista Weight Loss & Wellness

POWER CLEANSE

Power Cleanse is a unique formulation that supports detoxification and can be used as part of a liver-cleanse protocol. With 15 grams of protein per scoop, **Power Cleanse** makes a filling snack, or alternatively as a replacement or addition to a small meal. **Power Cleanse** features pea, rice, and pumpkin as its protein source. These vegetable protein sources provide amino acids required by the body for people who are vegetarians, have food allergies or sensitivities, or who are looking for a hypoallergenic meal replacement. These essential amino acids must be obtained through diet; the human body does not synthesize them.

This formula contains a macronutrient matrix, a matrix of key vitamins and minerals, and a detoxification matrix. We are regularly exposed to a multitude of chemicals which may have damaging effects on our health. When functioning optimally, the body can neutralize the negative impact of many of these harmful agents. A detoxification protocol can assist your body with mobilizing and excreting toxins. **Power Cleanse** may be used as part of the 'cleansing' process.

The liver is the primary organ responsible for modifying toxins so that they can be excreted from the body. This occurs in a 2-step process called Phase 1 and Phase 2 detoxification, in which fat-soluble substances are modified to water soluble for easier elimination by the kidneys into the urine, and out of the body. **Power Cleanse** contains ingredients to enhance both Phase I and Phase II liver detoxification.

Ingredients

Macronutrient Matrix contains 15 grams of protein and 15 grams of carbohydrates. The protein is derived from pea, pumpkin, and rice. These are the primary building blocks of the diet and considered macronutrients meaning that you need relatively large amounts of it each day. These nutrients must come from food and they are necessary for disease prevention, growth, and good health. **Fibersol-2™** is a soluble fiber comprised of a digestion-resistant maltodextrin. Fiber serves many purposes, including binding toxins in the intestines to aid in detoxification, helping glucose and lipid control, and supporting proper bowel function, regularity, fecal volume, and beneficial intestinal micro flora.

Vitamin and Mineral Matrix contains many micronutrients. These aid in cell growth, fat metabolism, energy generation, and support Phase I liver detox. They support the body and are essential for many of its functions. Vitamins and Minerals can also lower your risk of diseases while building up the immune system.

Biofolate® This unique, high-quality formula contains an active form of folate, which may be helpful in certain cases of anemia. These nutrients are also crucial for proper cell division, nervous system function, and cardiovascular. **Biofolate®** may improve symptoms of a peripheral arterial disease and intermittent claudication.

TRAACS® by **Albion®** stands for The Real Amino Acid Chelate System and the mineral amino acid chelate is composed of an amino acid that has two or more donor groups combined with the mineral. This chelation helps nutrients absorb effectively into the bloodstream.

Proprietary Detox Matrix contains many amino acids and features milk thistle, an herb that has been used traditionally for liver health.* Its active constituent, silybin, acts as an antioxidant, and may enhance glutathione levels and normal liver cell regeneration.* The amino acids N-Acetyl Cysteine, L-cysteine, Glutamine, Threonine, Glycine, Lysine, and Taurine are also included. N-Acetyl Cysteine is a derivative of the amino acid cysteine and both act as powerful antioxidants and detoxification promoters.

SUPPLEMENT FACTS

Available Bottle Sizes: Pineapple Coconut 14
Serving Size: Pineapple Coconut 1 Scoop (47.8 g)
Servings Per Container: 30 or 14

Calories	170
Total Fat	3g
Saturated Fat	0g

Trans Fat	0g
Cholesterol	0mg
Sodium	210mg
Total Carbohydrate	19g
Dietary Fiber	5g
Total Sugars	3g
Protein	17g
Vitamin D	17mcg
Calcium (as Calcium Citrate & Naturally Occurring)	81mg
Iron	7.4mg
(as Ferrochel® Ferrous Bisglycinate Chelate & Naturally Occurring)	
Potassium	89mg
(as Albion® Potassium Glycinate Complex & Naturally Occurring)	
Vitamin A (as Palmitate)	367mcg RAE
Vitamin C (as Ascorbic Acid)	67mg
Vitamin E (as Succinate)	133mg
Thiamine (as Thiamine Mononitrate)	1.05mg
Riboflavin (Vitamin B2)	1.33mg
Niacin (as Niacinamide)	1.33mg NE
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	2.25mg
Folate	104mcg DFE
(as Biofolate®)(Crystalline - L-5 Methyl Tetrahydrofolate)	
(L-Methylfolate Calcium)	
Vitamin B12 (as Methylcobalamin)	3.6mcg
Biotin	90mcg
Pantothenic Acid (as D-Calcium Pantothenate)	2.14mg
Phosphorus (as Chelate & Naturally Occurring)	197mg
Iodine (Potassium Iodide)	279mcg
Magnesium (as Magnesium Citrate)	93mg
Zinc (as Zinc Arginate Chelate) (TRAACS™)	10mg
Copper (as Copper Bisglycinate Chelate) (TRAACS™)	10mg
Manganese (as Manganese Citrate)	868mcg
Chromium (as Chromium Picolinate)	68mcg
Molybdenum (as Molybdenum Glycinate Chelate) (TRAACS™)	80mcg
L-Glutamine	200mg
L-Glycine	200mg
Dimethylglycine HCL (DMG HCL)	100mg
L-Cysteine HCL	67mg
L-Lysine HCL	67mg
L-Threonine	67mg
L-Taurine	67mg
Milk Thistle Extract	67mg
N-Acetyl L-Cysteine	67mg

Other Ingredients: Pea Protein Isolate, Gluten Free Oat Flour, Coconut Oil Powder, Granulated Raw Cane Sugar, **Fibersol®**, Natural Flavors, Organic Brown Rice Powder, Pumpkin Powder, and Tri Calcium Phosphate.

Suggested Use: Mix 1 scoop with 8 oz. of water, almond, rice, or coconut milk and ice.

Warning: If pregnant or nursing, consult with your health care practitioner.

Distributed by:

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